

Moving from darkness to light with grief

ept. 9, 2017, was a day my close friends and familv remember as a day of sorrow for me. My beloved wife of 12 years was taken from me by cancer.

With that said, I want to comment on the wellness pillar associated with spiritual resilience. Although our spiritual wellness is emphasized by leadership, chaplains and many Air-

men, I continue to see Airmen give more priority and attention to other areas of Comprehensive Airman Fitness: physical, social and mental.

So before I lose you on the



by Gary Ash MOBILITY WING

ically fit and mentally ready for the reality of combat. In the "social" pillar, we come to an understanding of respect for the diverse group we all make up to become Airmen. So as one can

subject, I ask you to give

me a chance to explain,

warrior inside you, why

being spiritually fit could

You have to be phys-

save your life when you

never knew it could.

in a way to reach the

imagine, the darkness which engulfs you after losing a loved one so dear, has its effects on you. Imagine losing a fellow Airman. a battle buddy or, something many do not consider, a part of

Commentary

your body. How is being spiritually strong going to help you in that unexpected realm? As you consider that question, spiritual fitness for me along with encouragement by family, friends and colleagues, carried me through a dark period during the winter months of 2017 and 2018.

I sought refuge in physical fitness, resulting in a successful path to increased health. Friends checked on me and one even came to visit from another state. Co-workers invited me to dinner to talk. They were the finest examples of wingmen – my social pillar was active. My peers at work kept me mentally

Finding hope in life and striving forward is what makes us unique beings and inspires ourselves and others to press forward when things get bad. those examples of the CAF be-

So when my late wife left this world, I prayed on what I should do when I finally realized I had to continue in this life. The answer I received was "Live forward." I haven't looked back since. Instead, I say, "Thank you for the kindness shared in this life and waiting for me on the other side." Now, I have much to live for and give back. We should not face the barriers of life alone; rather, allow the love of others as well as the spiritual support to foster and help carry us through the darkness and back into the light.

Time management does not exist; attitude key



by Senior Master Sgt. **Scott Piper** 60TH FORCE

SQUADRON

me management is a concept that many people have become preoccupied with over the years.

There are dozens of books available on the topic and many bases offer professional development courses on how to effectively manage time. However, when creating the professional development curriculum here at Travis Air Force Base. California, we intentionally omitted this lesson from our schedule for a single reason: Time management simply does not exist.

Granted, that statement is somewhat rooted in semantics, but allow

Enlisted Commentary

me to explain. Consider for a moment that one of our Air Force's greatest strengths is diversity. In addition to our various pay grades and specialties, we all come from different places, have different faces and we have all been shaped individually through our experiences. But as we come together collectively to accomplish our respective missions, there is one single thing we all have in common: time.

No matter where we are from, a 24-hour day is something that we

all share and despite our best efforts, it cannot be altered. Yet, consider these popular statements: "This day is taking forever," or "Will this meeting ever end?" Now, compare those with the phrase, "Time flies when you're having fun." Does it really?

engaged as I took on the chal-

lenges assigned to me by the

wing commander and chief

of safety to manage the occu-

pational safety office. With all

ing fulfilled, I knew my spiritual

rock was important in the jour-

Let us be honest with our-

selves, when we experience a

serious loss, sadness can't be

avoided. Turning to your spiritu-

al rock may be your one chance

when you aren't able to work out

due to physical limitations. With-

drawal due to sadness and de-

pression causes many to not de-

sire a social life and the mental

pillar suffers as well. Seeking

spiritual strength now will pre-

pare you for an unexpected loss.

nev of sustaining hope.

I assure you, there was the same amount of time in that dreaded one-hour meeting as there was in that 60 minutes of your life that you were having so much fun, you found yourself asking "Where did the time go?" So, if the continuum of time is the one constant we all share, what is the difference in

those statements?

Simply put, time management is about attitude and perception. The reason that time occasionally "flies by" is because those moments were framed in a positive mindset and consequently, when you looked at your watch every two minutes as the meeting seemed to "drag on and on," it was because you chose to frame the meeting negatively. If you want to "manage time," start by setting your clock with a positive attitude. I am not suggesting that every day will be Skittles

See PIPER Page 18

Tailwind

Travis AFB. Calif. **60th Air Mobility Wing**

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On the cover Airmen from the 60th Medical **Group. Travis Air Force Base.** Calif., transport a simulated patient Aug. 23 during exercise Ultimate Caduceus 2018 at Mather Airport in

U.S. Air Force photo/Louis Briscese







1) Valerie Nessel, the widow of the late Tech. Sgt. John Chapman, stands as the citation is read before receiving the Medal of Honor from President Donald J. Trump during an Aug. 22 ceremony at the White House in Washington, D.C. 2) Nessel holds the Medal of Honor after receiving it from Trump. Chapman was posthumously awarded the Medal of Honor for actions on Takur Ghar mountain in Afghanistan on March 4, 2002. 3) Trump gives his remarks during the Medal of Honor ceremony for Chapman.

Medal of Honor presented to Chapman's family

Secretary of the Air Force Public Affairs

WASHINGTON — On what would have been their 26th wedding anniversarv. Tech. Sgt. John Chapman's widow. Valerie Nessel, accepted his Medal of Honor from President Donald Trump during a ceremony Aug. 22 at the White House.

"We are gathered together this afternoon to pay tribute to a fallen warrior, a great warrior...and to award him with our nation's highest and most revered military honor." Trump said.

Fighting in the early morning hours through brisk air and deep snow, Chapman sacrificed his own life to preserve March 4, 2002.

"(John) would want to recognize the other men who lost their lives," Nessel said in a previous interview. "Even though he did something he was awarded the Medal of Honor for, he would not want the other guys to be forgotten - they were part of the team together. I think he would say his Medal of Honor was not just for him, but for all of the guys who were lost."

Chapman was originally awarded the Air Force Cross for his actions. However, following a review of the Air Force Cross and Silver Star recipients directed by then-Secretary of Defense Ash Carter, Deborah James, then-Secretary the lives of his teammates during the of the Air Force, recommended Chap-Battle of Taku Ghar, Afghanistan, on man's Air Force Cross be upgraded to the Medal of Honor.

"John was always selfless - it didn't just emerge at Taku Ghar - he had always been selfless and highly competent, and thank God for all those qualities," retired Air Force Col. Ken Rodriguez, Chapman's commander at the time of the battle, said in a previous interview. "He could have hunkered down in the bunker and waited for the (Ouick Reaction Force) and (Combat Search and Rescue) team to come in. but he assessed the situation and selflessly gave his life for them."

Chapman enlisted in the Air Force Sept. 27, 1985, as an information systems operator, but felt called to be part of Air Force special operations. In 1989, he cross-trained to become an Air Force combat controller.

According to friends and family, Chapman had a tendency to make the difficult look effortless and consistently sought new challenges. Dating back to his high school days, he made the varsity soccer squad as a freshman. In his high school yearbook, Chapman quoted these words: "Give of vourself before taking of someone else."

Chapman looked for a new challenge, which he found in combat control. This special operations training is more than two years long and amongst the most rigorous in the U.S. military; only about one in 10 Airmen who start the program graduate. From months of intense training to multiple joint schools - including military SCUBA, Army static-line and

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4 TAILWIND TRAVIS/AIR FORCE **AUGUST 31, 2018 AUGUST 31, 2018 T**RAVIS

Airman captures DAISY Award

Merrie Schilter-Lowe

60TH AIR MOBILITY WING PUBLIC AFFAIRS

Call it serendipity, but a medical technician who cared for a veteran with an autoimmune disease is the first person at Travis Air Force Base, California, to receive the Disease Attacking Immune System Award.

Airman 1st Class Robert Chavez, 60th Medical Group, works in the in-patient surgical unit at David Grant USAF Medical Center. He was recognized in front of his unit Aug. 16 for assisting a patient with Guillain-Barre syndrome, a rare but serious autoimmune disorder that affects the nervous system. The patient also struggled with acute back spasms.

"These spasms were so fast-acting and painful that the patient would scream in agony while simultaneously having a panic attack," said 1st Lt. Leigh Cannon, 60th MDG registered nurse in the same unit as Chavez.

"The patient was difficult to console, often taking 30 minutes to an hour to calm down ... even with IV pain medications," said Cannon, who nominated Chavez for the quarterly award.

During these attacks, Chavez sat with the patient, held his hand and calmly talked to him.

"The patient was here for three weeks and every shift that Airman Chavez worked, he would comfort this patient through each spasm," said Cannon. "How the patient did not break Airman Chavez's hand, I have no idea."

The DAISY Award was created in January 2000 by the parents of J. Patrick Barnes, who died at age 33 from complications with an autoimmune disease. According to the DAISY Award Foundation, the award honors all nurses everywhere who demonstrate compassion, skill and care.



Airman 1st Class Robert Chavez poses with Carol Salek, registered nurse and staff development officer, and Col. DeeAnn Lees, chief of nursing, at David Grant USAF Medical Center after receiving the first DAISY Award Aug. 16 at Travis Air Force Base, Calif.

military," said Chavez, who cal field, I knew this was the two years, "He's one of comes from a line of police

"As I little kid, I played with tov soldiers, but my mom steered me toward the Air Force," he said. "Once

est of five siblings teaches paquality to bring to the (in-patient) floor."

Although Chavez has

"I always knew I'd join the I found out about the medibeen in the Air Force only way to go. Being the young- the best medical technicians I've ever worked tience. I felt that was a good with," said Staff Sgt. Rachel Wright, 60th MDG inpatient

See DAISY Page 21

Air Force announces awards for excellence in food

Angelina Casarez

AIR FORCE INSTALLATION AND MISSION SUPPORT CENTER PUBLIC AFFAIRS

JOINT BASE SAN ANTO-NIO-LACKLAND. Texas — The Air Force recently announced the 2018 Arthur J. Myers Food Service Excellence Awards.

Senior Airman Joya Lindsey of Minot Air Force Base, North Dakota, is the Region 1 winner, and Airman 1st Class Michelle Torculas of Altus AFB, Oklahoma, is the Region 2 winner.

The award, managed by the Air Force Services Activity and named after one of the most influential members of the services career field, honors junior enlisted Airmen for their excellence and achievements in food service

"I'm proud of the dedication these outstanding Airmen display in ensuring our mission succeeds," said Col. Donna Turner, commander of AFSVA.

As Myer award winners, the Airmen will receive a week of formal training Nov. 10-17, at the Culinary Institute of America's Greystone campus at St. Helena, California.

"Having an opportunity to train and network with the food service industry's elite is an honor," said Jim Krueger, chief Air Force Food and Beverage, Policy, Procedures and Strategic Initiatives at AFSVA. "They are learning from the best of the best and should be very proud of their accomplishments."

Airmen are nominated by their local leadership based on duty performance and dedication to their craft, base and community involvement, leadership abilities, perceived ability to take what was learned and share with their peers, professionalism and attitude.



Airmen from the 60th Medical Group work to triage and treat simulated patients at David Grant USAF Medical Center during a Casualty Receiving Hospital exercise Aug. 22 at Travis Air Force Base, Calif. See Parting Shots on Page 26 for more photos from the exercise.

Hospital tests casualty receiving, disaster roles

Merrie Schilter-Lowe

60TH AIR MOBILITY WING PUBLIC AFFAIRS

The David Grant USAF Medical Center at Travis Air Force Base, California, tested its role as a casualty receiving hospital and National Disaster Medical System Federal Coor- want to see you fill out that lab dinating Center Aug. 22-23.

As a CRH, the medical center staff had to receive, triage, treat, feed and simulate evacuating more than 200 critically injured service members from an overseas location in the most time-efficient manner

"We're testing our ability to come together and deliver a capability, which we are required to deliver," said Col. Kristen Beals, 60th Medical Group commander. "We're not testing the clinical ability of the staff, but their ability to get patients in and get them out."

Although medical staff did not actually treat role-playing patients, they did go through the treatment steps to ensure they have the supplies and equipment needed in a realworld crisis.

Since DGMC used bed-expansion rooms reserved for casualty receiving, staff members needed to "figure out what we don't have," said Col. (Dr.) Rachel Hight, 60th MDG

trauma surgeon and wing inspection team member.

"I want to see you actually put on the blood pressure cuffs, check the respiratory rate, take the temperature and (patient's) weight," said Hight, "Don't tell me that you requested labs, I request paperwork."

While DGMC participated in one exercise, U.S. Transportation Command conducted a separate week-long exercise. testing its patient movement and aeromedical evacuation roles using Travis C-5M Super Galaxy and C-17 Globemaster III aircraft.

The En-Route Patient Staging System at Travis was staked in the medical center's southeast parking area in support of the USTRANSCOM exercise, demonstrating its ability to expand bed space by 58 percent.

With staff supporting both exercises and carrying out real-world responsibilities, DGMC closed some clinics, but not the emergency department, pharmacy or Family Medicine.

DGMC serves as one of more than 70 FCCs in the country and one of three in the Air Force, along with Keesler AFB. Mississippi, and Wright-Patterson AFB, Ohio, said Mondel

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6 TAILWIND TRAVIS/AIR FORCE **AUGUST 31, 2018 AUGUST 31, 2018**

Active duty, Reserve maintainers strengthen each other

Staff Sgt. Daniel Phelps

349TH AIR MOBILITY WING PUBLIC AFFAIRS

in Northern California as the sun beat down and reflected off the flightline at Travis Air about these airframes." Force Base, California.

A cool delta breeze blew. cooling down Airmen from the 60th and 349th Aircraft Maintenance Squadrons as they circled around a C-5M Super Galaxy, ensuring it was ready to launch.

The two squadrons – one active duty, the other Reserve work seamlessly together, turning wrenches and maintaining the aircraft at Travis 24/7.

"I don't know how you can tell the difference between the two," said Senior Airman Kyle Lake, 60th AMXS crew chief.

Senior Master Sgt. Jeremy Saenz, 60th AMXS production superintendent, came to Travis as a brand new Airman in September 2000.

Working alongside air reserve technicians from the 349th AMXS was critical to his

Brian Curl

VA Loan Expert

"I've been dependent on them throughout my career," he said. "I don't know what It was a beautiful, clear day I would have done if I didn't have them. I wouldn't have learned half of what I know

The ART's primary job is to train, said Senior Master Sgt. Kevin Fejarang, 349th AMXS production superintendent.

They provide invaluable continuity to the maintenance world, Saenz added. While active-duty Airmen will change bases or bounce around from shop to shop within the unit. 349th AMXS Airmen often stay in place and have been working on the same airframe at the same location, sometimes for decades.

For example, Saenz has been at Travis for 18 years, but not all of it turning wrenches.

The ARTs concentrate on aircraft maintenance day and night, said Fejarang.

their continuity is critical to

our operations," Saenz added.

"We need them for training,



Tech. Sgt. Antonio Untal, 349th Aircraft Maintenance Squadron crew chief, debriefs Senior Airman Kyle Lake, 60th AMXS crew chief, after launching a C-5M Super Galaxy on Aug. 11 at Travis Air Force Base, Calif.

VA Home Loans Seminar VA Loan Expert Brian Curl from Flagstar Bank Location: 704 Granite Lane Fairfield, CA 94534 **Blue Mountain Communities** September 11, 2018 from 7-8:30 pm Speaker: Brian Curl - VA Loan Expert from Flagstar Bank along with Stephen Breeden (VA Buyer) RSVP: Email brian.curl@flagstar.com or Call Diana Stellman 925-433-4015 Learn about VA Loan Options & your Purchasing Power

https://bluemountaincommunities.com/communities/village-oaks/

Airman re-enlists with mom's help

Airman 1st Class Joshua R. Maund

JOINT BASE CHARLESTON PUBLIC AFFAIRS

JOINT BASE CHARLES-TON, S.C. — Twenty-two years ago, a senior airman by the name of Karen Rupp was sta- Senior Airman Cody Rupp, tioned at Aviano Air Force Base, Italy.

She brought her newborn to the workplace to introduce him to her co-workers. As she was conversing with her commander, he pointed behind her at the sergeant. baby in the car seat and said that there was "something" about him.

Puzzled, she turned around, and sitting on top of her son, Cody, was a staff sergeant rank insignia. This is how the now lieutenant colonel found out she had made staff sergeant. Little

FDIC

did she know, this wasn't the last time Cody would wear four

Lt. Col. Karen Rupp, 437th Aerial Port Squadron commander, performed the re-enlistment ceremony of her son, 628th Communications Squadron cyber-systems administrator, Aug. 21, 2018, at Joint Base Charleston, S.C. She also surprised him with the news that he had made the rank of staff

"I wasn't expecting the good news," said Cody Rupp. "I just expected the re-enlistment ceremony to be in the conference room with a couple of witnesses. I'm so thankful to have had my co-workers there."

> The ceremony took place See HELP Page 17

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Street Smart presentation set for Sept. 6



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Greg McCarty and Oscar Duran, both paramedics from Miami-Dade County, Fla., give a demonstration of the procedures used to keep someone alive until they reach a trauma center after a traffic accident during a Street Smart briefing July 16, 2016, at Travis Air Force Base, Calif.

Tech. Sgt. James Hodgman 60TH AIR MOBILITY WING PUBLIC AFFAIRS

Many people think they know how to drive and that they're safe drivers. Statistics, however, tell a different story.

According to the National Highway Traffic Safety Administration, 3.450 people were killed in accidents caused by distracted drivers in 2016. Additionally, more than nine people are killed and more than 1,000 people injured each day in the United States in an accident involving a distracted driver.

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activity that diverts attention Brian Dixon, 60th Air Mobilifrom driving, including talking ty Wing occupational safety apor texting on the phone, eating prentice. and drinking or changing the radio station.

ness of the dangers of distracted driving, Travis Air Force Base. California, is slated to host a Stav Alive from Education presentation known as "Street Smart" at 7 a.m., 10 a.m. and 3 p.m. Sept. 6 at the Base Theater. Each presentation is open to anyone with base access.

The goal of the presentation is to enhance safety awareness for everyone, said Staff Sgt.

"We want people to be aware of the dangers of distracted In an effort to raise aware- driving such as people talking on their cell phone, texting, ignoring speed limits or people taking their eyes off the road,' said Dixon. "We want people to think about their actions and their families prior to getting behind the wheel. Who would be left behind and what would be the consequences if they made a poor decision?"

The Street Smart briefing **See STREET SMART Page 18**

Move streamlines warfighting efforts

AIR FORCES CYBER PUBLIC AFFAIRS

NIO-LACKLAND, Texas

"We're moving more and versaries."

These domains include ACC's fighter; rescue; command and control; intelligence, surveillance and reconnaissance and now cyber mission sets.

Using the true-story movie Black Hawk Down as inspiration, Cole gave a hypothetical example of how cyber could sup-

"Remember in the movie when the three friendly heli-

with rocket-propelled grenade launchers. Some are shot down and several service members are killed." Cole said. "What if cyber would've been involved in that? And before the helicopters Force/Air Forces Cyber to Air took off, before the enemy sentry took his cell phone and alerted the other enemies, it rang, and someone on the other end told him to put it down or be targeted, or it was made to not work altogether. In that scenario, how could it have changed the overall outcome? This is what cyber could potentially bring to the

AFCYBER'S full-spectrum operations fall into one of three categories: offensive, defensive and Department of Defense Information Network operations.

The numbered air force's

624th Operations Center and

67th and 688th Cyberspace

Wings fulfill their respective

See MOVE Page 18

OCO can provide a variety of combatant commander's desired outcomes against adversary targets. DCO secures and defends critical mission elements of the Air Force Information Network to ensure friendly freedom-of action in cyberspace. DODIN operations maintain the integrity of the enterprise network.

"As long-standing allies on

operations, it is critical for the RAF to understand how best to work together with U.S. assets." said RAF Squadron Leader James Fordham, 29 Squadron. "Working with the 492nd several F-15E Strike Eagles to Fighter Squadron is a fantassupport the Royal Air Force's tic opportunity for the Typhoon Oualified Weapons Instructor Course and wider Typhoon

> The RAF's Typhoon QWIC served as the cornerstone of the training, with a focus on defensive and offensive counter-air operations, dynamic targeting, air interdiction, close air support and joint personnel recov-

Cryogenics keeps things cool for Kadena

to make the mission happen," A beaker of liquid oxygen sits filled July 27 at Kadena Air Base, Japan. The 18th Logistics Readiness Squadron said Tech. Sgt. Mark Panhas the only operational cryogenic production plant in the U.S. Air Force.

ygen and liquid nitrogen for if they hit the ground too hard various organizations to use," said Senior Airman Christopher Tallan, 18th LRS cryogenic production operator. "Breathable oxygen at high altitudes for aircraft, liquid ni-

"We manufacture liquid ox- aircraft so they don't explode and the hospital has various rectly as well as save money. uses for oxygen and nitrogen as you could imagine. ... It's im-

While other bases have to purchase their liquid oxygen trogen to fill tires for the and nitrogen from external the Air Force because we're

providers, Kadena Air Base is able to support the mission di-

"I don't like to solely rely on other people because I know if we do it ourselves, it's going to be done the right way and I think this is really valuable for

always looking for new and innovative ways to save money,' Pannell said. "We should really strive to be innovative and this is something I push down to my Airmen - to be innovative and think of new ways to do things."

With innovation comes plenty of learning opportunities and growing pains.

"It's been challenging at times because everyone is learning a new plant," Pannell explained. "We have to learn the ins and outs; everyone here is growing."

Providing these services can prove to be rather complex. From separation of atmospheric air to expansion and cooling, the job is chemically impossible to do without machines.

The machine - production plant – typically runs one week at a time for 24 hours a day and enables the production of about 50 gallons an hour.

While the machine is doing its job, the rest of the team is ensuring it works properly.

"We have to do hourly checks to make sure nothing is malfunctioning," Tallan said. "We're responsible for knowing what's supposed to be going on. With such a big plant

See CRYOGENICS Page 21

Tech. Sgt. R.J. Biermann

JOINT BASE SAN ANTO-With the addition of 24th Air Combat Command, new cyber outcomes are available to America's warfighting commanders.

more toward multi-domain, hybrid warfare-using more than one domain to achieve warfighting objectives," said Robert Cole, AFCYBER executive director. "There are a number of different non-kinetic outcomes we can bring to the battlefield. This move to ACC allows cyber to pair outcomes and give us a distinct advantage over our ad-

port multi-domain warfare.

copters first take off? Then the enemy sentries alert the other fighters who are standing by to take down the helicopters

48TH FIGHTER WING PUBLIC AFFAIRS RAF LAKENHEATH, England — The U.S. Air Force's 492nd Fighter Squadron sent premier air combat training exercise, Typhoon Warrior, Aug. 14-23, at RAF Coningsby, Eng-

Tech. Sgt. Matthew Plew

18TH WING PUBLIC AFFAIRS

KADENA AIR BASE, Ja-

pan — Nearly a year ago, Kade-

na Air Base, Japan, opened a

cryogenic production plant as

part of the 18th Logistics Read-

As a new plant, the only op-

erational one in the Air Force,

many may be unaware of not

only its successfulness, but

Providing the base and

various other units on the is-

land with cryogenic products -

whether it be in a liquid or gas-

eous form - is the plant's pri-

gen here for our organizations

across the island to make sure

they get the product they need

nell, 18th Logistics Readiness

Squadron assistant noncom-

missioned office in charge of

The production plant pro-

vides services for a range of

reasons, whether it be for pilots

or patients, the plant handles it

all and can also be the differ-

ence in life or death in some in-

Air Force supports

cryogenic productions.

"We produce the liquid oxygen and the liquid nitro-

iness Squadron.

also its purpose.

The squadron's participation provided a valuable training experience for RAF personnel, allowing them to study best practices integrating with U.S. platforms, officials said.

premier RAF exercise



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Family inspires Explosive Ordnance Disposal tech



Tech. Sgt. Jacqueline Risley, 386th Expeditionary Civil Engineer Squadron explosive ordnance disposal equipment non-commissioned officer in charge, assists with the calibration of the unit's bomb robot Aug. 24 at an undisclosed location in Southwest Asia.

Staff Sgt. Christopher Stoltz 386TH AIR EXPEDITIONARY WING PUBLIC AFFAIRS

SOUTHWEST ASIA — As Jaqueline Risley, 386th Expedian Airman trudges through the desert, the 120-degree heat makes her 80-pound bomb suit feel like an oven. The Airman scans the provided coordinates, and locates the improvised explosive device buried partially in the sand.

lenged enough," said Risley, The explosive ordnance diswho is deployed from Seymour posal technician communicates Johnson Air Force Base, North with her team, using special-Carolina. "When I was youngized equipment to render the er, my cousin and I always talkscene safe. As the training oped about joining the military. eration concludes and the de-He led the way when he joined vice is removed from the scene. the Marine Corps, and I folthe Airman removes her hellowed suit a few years later

when I first visited an Air Force recruiting office." While her cousin inspired her entry to the enlisted force, commonplace. her older sister inspired her to simply do great things in life. Although she passed away at a

man a stressful and arduous

task to undertake, to Tech. Sgt.

tionary Civil Engineer Squad-

Force, I was going to college

and didn't feel I was being chal-

dreamed of.

While many would consid- young age, Risley said her siser the lifestyle of an EOD Air- ter told her to chase down her goals, no matter how impossible they seem and to never follow the status quo.

"The recruiter went over a ron EOD equipment non-com- list of positions," said the Chesmissioned officer in charge, ter, Illinois, native. "After the this is everything she has ever recruiter explained what EOD was all about and watching the "Prior to joining the Air recruiting video, I was convinced it was the job I wanted. If I was seeking a challenge, it was very clear that EOD was going to offer just that."

Sometimes people get exactly what they ask for. Immediately after her basic training graduation, Risley was flung directly into the 169-day EOD technical school, where she would complete a flurry of physical training requirements and competency tests. This is also where course failure is

However, this is exactly the challenge she envisioned,

See FAMILY Page 12



LEG CRAMPS? LEG HEAVINESS? BURNING SENSATION? SKIN COLOR CHANGES? RESTLESS LEGS?

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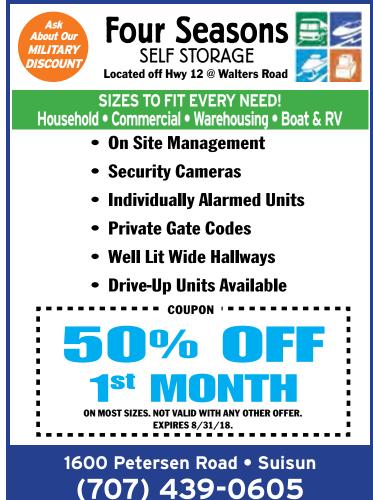
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Major LAF promotion **board gets** scheduled

Air Force's Personnel Center Public Affairs

JOINT BASE SAN ANTO-NIO-RANDOLPH, Texas — The calendar year 2018D major Line of the Air Force promotion board is scheduled to begin Dec. 3 at the Air Force's Personnel Center and will review records for all captains meeting the board to determine whether or not the captain is fully qualified for promotion and meets the exemplary conduct provisions required for promotion.

"Promotion to major and advancement from a company grade to a field grade officer is a significant milestone. signifying the Air Force's confidence in that officer's potential to serve at a higher level," said Lt. Gen. Gina Grosso, Deputy Chief of Staff for Manpower, Personnel and Services. "A fully qualified captain is one whose performance and potential are commensurate with the Air Force's expectations for a field grade officer in both performance and conduct."

The fully qualified process requires the completion of the Promotion Recommendation Form for captains who receive a "do not promote" recommendation as a result of not meeting the level of performance necessary to serve as a field grade officer, as well as those officers who receive a "promote" recommendation and have derogatory information such as an Article 15, court-martial, referral report or letter of reprimand filed in their Officer Selection Record.

Captains whose records will meet this board should review their Officer Preselection Brief. provided to them by their servicing military personnel section. Captains are also encouraged to review their OSR.

For more information on record reviews, go to www.afpc. af.mil/Promotion/Selection-Board-Secretariat/.

Airmen, Soldiers strengthen joint skills

Tryphena Mayhugh

62ND AIRLIFT WING PUBLIC AFFAIRS

JOINT BASE LEWIS-MC-CHORD, Wash. — Airmen from the 62nd Airlift Wing participated in a joint exercise with the 82nd Airborne Division to drop equipment and personnel at two drop zones during Exercise Predictable Iron Aug. 20-24 at Pope Field, North Carolina.

Airmen from the 7th and 8th Airlift Squadrons crewed two C-17 Globemaster IIIs to assist more than a thousand Army paratroopers in the exercise as joint training between the 62nd AW and 82nd Airborne.

"It is crucial that the Air Force and Army work well together because without each other the mission fails," said Capt. Jared Barkemeyer, 7th AS pilot and aircraft commander for one of the C-17s. "Without the reliable transport the Air Force provides, the Army could not execute their objectives in a timely manner via airdrop.

"The airdrop insertion at a mass scale is something no other nation in the world can provide," he continued. "But, without the Army, the Air Force would strictly serve an air-land



An 82nd Airborne Division paratrooper waits to jump out of a C-17

jumpmaster.'

Globemaster III from McChord Field, Wash., Aug. 21 during Exercise Predictable Iron near Pope Field, N.C.

would become less flexible to user requests."

The Airmen worked alongside Soldiers to load equipment onto the aircraft, as well as with jumpmasters and paratroopers to help them maintain their readiness requirements for airborne missions.

"Every jump I've been on the Air Force has been extremely helpful, accommodating and willing to work with us," said Maj. Brian Plover, 173 Cavalry Scout, 2nd Brigade operations officer. "I have had no

mission and, as a service, we issues at all with the Air Force in my time jumping or as a

> A benefit of the joint exercise was determining where there may be shortfalls and strengthening those areas to become more efficient or effective. "It's important that the Air Force participate in these events to ensure that we are ready to do what our nation expects of us, which is to insert the 82nd Airborne anywhere in the world within a short time frame," Barkemeyer said. "Also, during these events we

identify shortcomings between the two services and eliminate them in order to strengthen our ioint-force initiative."

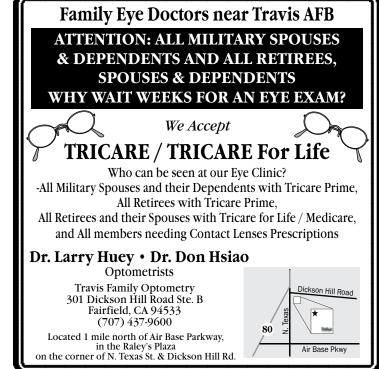
Over the course of three days, Airmen and Soldiers dropped 40 tons of equipment, such as armored vehicles and re-supply containers, as well as 1,005 paratroopers.

"Working with the Army was great," Barkemeyer said. "Inserting hundreds of jumpers into an objective area tests the crew's abilities, as well as strengthens our habit patterns. The 82nd jumpers are some of the toughest service members around and being able to airdrop them is an honor.

"The exercise was a total joint success," he continued. "The Army users received all the training they needed as scheduled, and the 62nd AW provided every lift on time thanks to the aircrews as well as the outstanding 62nd AW maintenance support that kept the aircraft mission ready all

During one of the personnel airdrops, the Army also practiced dropping the caster assisted A-series Delivery System, which is a new method to drop door bundles, a container of equipment pushed out the doors of an aircraft.





12 TAILWIND AIR FORCE **AUGUST 31, 2018**

MacDill defender house pursues excellence

Senior Airman Adam R. Shanks

6TH AIR MOBILITY WING PUBLIC AFFAIRS

MACDILL AIR FORCE BASE, Fla. — Tucked behind the 6th Security Forces Squadron's combat arms training and maintenance building, an abandoned brick warehouse sits ominously.

For the defenders, it's a 5.000-square-foot, two-story building hosting the perfect training environment, equipped with two heavy metal doors meant for breaching. multiple windows meant for breaking and a floorplan that can change on a whim.

"This building is a blessing," said Staff Sgt. Kevin Gonzalez, an emergency services team (EST) member assigned to the 6th SFS. "Previously, we used an old building on base to conduct training, but when you've trained there SFS's EST and the Federal Buonce, the element of surprise is gone.

The "shooter house," as it's come to be known, provides a means for the EST and SFS flight members to safely train on active shooters, hostage resthe house is also open to the cue and other high-risk sce- FBI and Hillsborough and Pinarios

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U.S. Air Force Tech. Sgt. Melvin Santos, an emergency services team leader assigned to the 6th Security Forces Squadron, climbs through a window of the simulation house Aug. 23 at MacDill Air Force Base, Fla.

reau of Investigation's SWAT team has utilized the simulation house for training.

"While our EST and flight members in the 6th SFS will use it for combat readiness, nellas County Sheriff's Office Since its doors were first SWAT teams to conduct trainbreached on June 1, the 6th ing," said Jason Atkinson, the

chief of flight operations with training in our house is a the 6th SFS. "It's an invalugreat opportunity for us to able asset to help MacDill's defenders, and our community partners hone their skills with realistic training."

Atkinson explained that so far, the house hosts a training session at least once a week by the 6 SFS or other organizations.

"Having

officer in charge of EST and organizations host their learn from each other and better our overall readiness to any threat," said Atkinson. "Training and preparation is key for our line of work."

Moving forward, the 6th SFS's Airmen will use the simulation house to bolster their ability to Defend, Deter outside and Defeat.

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Family

From Page 10

and remembering her sister's words, she rose to the occasion. The mental and physical challenge of EOD is the best part of her job, where according to Risley, the training, technology and tactics are rarely the same from one week to the next.

"The career field is always evolving," said the nineyear Air Force veteran. "We are always training and working toward not only adapting to the ever-changing environment, but finding ways to navigate through those changes with success. Those moments with your team are the most rewarding."

The moments with her team often include days of clearing and processing explosive materials, providing hazardous material response or developing operations plans. Risley said each task possesses a sense of camaraderie that extends beyond the battlefield, and even helping each other with the task of wearing their bomb suit often becomes a mini-roast session. However, when duty calls, the team knows they can count on each other; their lives depend on it.

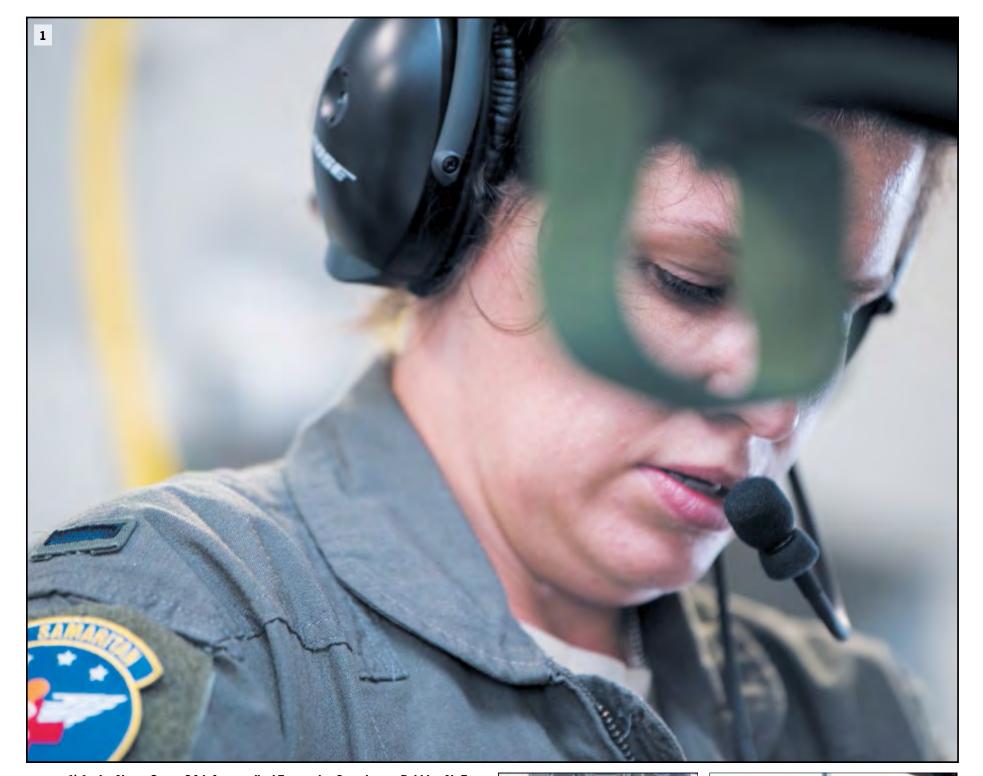
According to Risley, there are more challenges in EOD than insurgent-created explosives, including the obstacles that come along with being a female EOD technician.

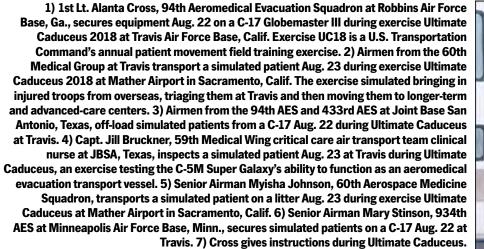
She is hopeful some of the stigma can be quelled with the slated implementation of the Air Force's Tier-II physical fitness program. The program establishes a shared baseline fitness standard for Airmen, regardless of their age, rank or gender.

Risley believes there are many people who have preconceived ideas about females being in predominantly male career fields, but she still feels the positive experiences outweigh the negative. She attributed her resilience to her wife, Katie, her 3-year-old son, Jamison, and the supportive supervisors and wingmen throughout her

"I have met and worked with some of the most amazing people throughout my career, and I am thankful for each and every one of them," Risley said.

14 TAILWIND AUGUST 31, 2018















Ultimate Caduceus tests readiness

U.S. Air Force photos by Louis Briscese and Staff Sgt. Amber Carter



Puzzles

ISTR8TS No 401 Easy 4 | 1 | 2 7 6 9 8 ou can find more help, tips and hints at www.str8ts.com

SUDOKU

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No. 401 Tough								
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The solutions will be published here in the next issue.

Retiree Corner

Retiring from active duty? Make enrollment choice

When you retire from active duty, your TRICARE plan options will change. Retiring from active duty is a Qualifying Life Event.

A QLE allows you to enroll in a new TRICARE plan or change your coverage options within 90 days of the life event. As a retiree, you'll need to take action to enroll in a TRICARE plan if you want to continue er TRICARE plans for you to receive coverage for ci- and your family after revilian care.

First, update your in- CARE Plan Finder to learn formation in the Defense Enrollment Eligibility

Reporting System. The next steps depend on which TRI-CARE plans you are eligi-

Like Sudoku, no single number can

rows and columns are divided by black

complete a 'straight'. A straight is a set

of numbers with no gaps but can be in

any order, eg [4,2,3,5]. Clues in black

ells remove that number as an option

see how 'straights' are formed.

Previous solution - Medium

2 8 7 1 4 3 6 9 5

To complete Sudoku, fill the board

that each row, column and 3x3 box

For many strategies, hints and tips, visit www.sudokuwiki.org

other puzzles, check out our books

iPhone/iPad Apps and much more on

If you like Str8ts, Sudoku and

our store at www.str8ts.com

contains every number uniquely.

ring numbers 1 to 9 such

in that row and column, and are not part

of any straight. Glance at the solution to

squares into compartments. These need to be filled in with numbers that

repeat in any row or column. But...

ble to use. If eligible, you can reenroll yourself and eligible family members in TRI-CARE Prime or TRICARE Select. Depending on the plan you choose, you'll pay the single or family enrollment fee. There is no TRI-CARE Select enrollment

fee for Group A retirees.

gibility, there may be oth-

tirement. Visit the TRI-

- TRICARE.mil

about your options.

Depending on your eli-

Archery Camp. Sept. 24–28 for ages 9–12 and 13–18. This camp will instruct on and to enhance targeting accuracy, strategy, tactical 35 participants. To register, call 424-5392.

News Notes

Sidewalk sale. Joining the Travis Commissary for our sidewalk sale from 8 a.m. to 8 p.m. Sept. 13-16. Enjoy savings up to 50 off regular retail price, on a variety of products. The sale will take place indoors in the warehouse of the Travis Commissary.

60th FSS

Freebies and discounts

Free baby and pre-K story time. Sing songs and play at Baby Bounce for children up to 18 months 10 to 11 a.m. Monday. Kids up to age 5 can enjoy crafts and socialize at Pre-K Story Time from 10-10:30 a.m. every Tuesday. For more information, call 424-3279.

Free T-shirt with climbing challenge. Train and take the "Climb the Nose" Challenge at Outdoor Recreation. Active duty can begin training today by climbing the free monster climbing wall. From Sept. 7 to Nov. 2, take the challenge by climbing 3,000 feet or 136 climbs. If you meet your goal by Nov. 2, you will receive a free custom T-shirt. For more information, call 424-0969

Sports and fitness fun

Oktoberfest half-marathon and 5K fun run. On Sept. 22, the Fitness Center will host its Oktoberfest half-marathon & 5K fun run. Activities and fun include root beirgarten, bounce houses, prizes and more. Early bird pricing from Aug. 20 to Sept. 14 is \$10 for adults and \$5 kids. Late registration prices from Sept. 15-22 is \$15 for adults and kids. For more information, call 424-2008

Youth sports volunteer coaches **needed.** The Youth Center is looking for volunteer coaches for youth sports. Volunteers have the option to be a coach for baseball. basketball, flag football and/or soccer. After completing a season of coaching, receive a free Youth Sport's registration voucher for volunteering your time with Youth Sports. For

more information, call 707-424-5392 Smooth Landing hours extended. Smooth Landing, located at the Fitness Center, has new extended hours to blend up cool. refreshing goodness from 6 a.m. to 7 p.m. Monday to Friday. Whether you are an early bird needing a smoothie before work or an athlete

MLB discount tickets. Get tickets to the upcoming games: Atlanta Braves at Giants on Sept. 11. For more information, call 707-424-

demonstrate the ability to participate in activities analysis and physical fitness. Space is limited to

News and notes **Dependent ID card renewal.** Dependents can now renew their ID cards online at http://bit. ly/2C01q9e.

Closures

NAF Human Resources Office hours. The office will close every Thursday. Business hours are 7:30 a m to 4:30 n m Monday Tuesday Wednesday and Friday. NAF HRO also is closed on federal holidays. For more information, call 707-424-4749.

••• For more information on FSS, visit http://www.travisfss.com

Chapel programs

Recurring events Catholic

- Twin Peaks Chapel Roman Catholic Mass: 9 a.m. and noon
- Children's Church: 10:15 a.m. Sunday. • Sacrament of Reconciliation/Confession: 4:30 to 5:30 p.m. Wednesday or upon
- Infant Baptism Prep Class: Two classes. Registration required. 6 to 7 p.m., quarterly.
- Youth Choir 1 p.m. Sunday
- · Children's Choir: 2 p.m. Sunday.
- Adult Choir: 4 p.m. Sunday.
- Women's Bible Study: 10 a.m. (at First Street Chapel).
- Catholic Women of the Chapel: 6 p.m. first Monday of every month. Annex. Rite of Christian Initiation of Adults: 6 to
- 7:30 p.m. Wednesday, Annex. • RE Classes: 10:15 to 11:30 a.m. Sunday,

First Street Chapel

Mom's Group: 9 to 11:30 a.m. Thursday

 Roman Catholic Mass: Noon to 12:35 p.m. Monday through Thursday, except for federal holidavs

The Church of Jesus Christ of Latter-day Saints

 Sacrament Services: 9 and 11 a.m. Sunday at Church of Jesus Christ of Latter-day Saints Fairfield Stake Center, 2700 Camrose Ave., Fairfield.

DGMC Chapel • Latter-day Saints Service: 4 to 4:30 p.m. Sunday at DGMC Medical Center Chanel

 For all other inquiries, call LDS Military relations representatives at 707-535-6979.

12:30 p.m. Sunday. Children's Ministry is provided for

 Protestant Men of the Chapel: 8 to 9 a.m.. first Saturday of every month.

Twin Peaks Chapel • Protestant Women of the Chapel: 9:30 to 11 a.m. Tuesday.

> DGMC Chapel • Protestant Traditional Service: 10 to 11 a.m.

Airmen's Ministry Center

• The Peak is open from 6 to 9 p.m. Monday through Friday at Bldg. 1348. Home-cooked meal at 6 p.m. Tuesdays followed at 7 p.m. by Bible

For more information about chapel programs, call Twin Peaks Chapel at 707-424-3217.

Recurring

Air Force Office of Special Investiga-

tions. To report a crime, get a foreign travel brief or request information on joining AFOSI, report to Bldg. 380B. second floor. Send correspondence to AFOSI Detachment 303, 510 Airlift CR, Travis AFB, 94535. For more information, call 707-424-3115 or DSN: 837-3115.

Air Force Recruiting Office. Now open at the Solano Town Center mall. Learn more about what the Air Force has to offer such as up to 100-percent tuition assistance, 30 days paid vacation per year, free medical and dental care. tax-free housing and food allowance and much more. Contact Tech. Sgt. George Yardley at 707-889-3088 or stop by the office located at 1350 Travis Blvd. Suite P2. Fairfield, in the Solano mall.

Air Force Sergeants Association "Walter E. Scott" Chapter 1320. General membership meetings are at 2 p.m. on the second Friday of every month at Wingman's in the Delta Breeze Club. For more information, contact Senior Master Sgt. Angell Nichols or Tech. Sgt. Rebecca Linden de Romero.

Airmen's Attic. The Airmen's Attic is open from 10 a.m. to 2 p.m. Tuesday and Thursday and 4 to 6 p.m. Wednesday, 560 Hickam Ave. For more information, call 707-424-8740 or visit the Facebook page "The Attic at Travis AFB."

Alzheimer's Caregiver Support Group. Meetings take place from 1 to 2:30 p.m. the third Thursday of the month in the diabetic education classroom on the first floor in Internal Medicine at David Grant USAF Medical Center. For more information, call 707-423-7227.

Base emergency numbers. Mobile phone users must dial 707-424-4911 if they have an emergency on base. Those using government or home phones can call 911. For more information, call the Travis Air Force Base Fire Prevention Office at 707-424-3683.

Base illicit discharge number. To report sewage/water leaks or illegal dumping, call spills call the base emergency numbers.

a.m. every Monday for all DoD federal civilians. Screenings include cholesterol, glucose, blood pressure and body composition analysis. For more information, visit www.AFMCwellness. com or contact CHPS at 707-424-CHPS or CHPSTravis@foh.hhs.gov.

counseling for teens and young adults. Text trained crisis counselor responds quickly.

Reporting System. Civilian and military

personnel must maintain emissions information M-50 Gas Mask Fit Testing. Takes place with the Web-based ECARS system. For more from 9 a.m. to 3 p.m. every Wednesday at Bldg. information, call Xuyen Lieu at 707-424-5103. 791. All deployers are fit as necessary. For more information, call 707-424-2689.

Exceptional Family Member Program Sensory Play Group. This group meets from 2 to 4 p.m. the second and fourth Wednesdays at to 7 p.m. Monday through Thursday 9 a.m. to 5 the Balfour Beatty Community Center. For more p.m. Friday, 10 a.m. to 5 p.m. Saturday and information, call 707-424-4342 or visit the closed Sunday Facebook page "EFMP Travis AFB."

Family Advocacy Parent/Child **playgroups.** Toddlers to the Max Playgroup for children ages 1 to 3 meets from 9:30 to 11 a.m. Wednesdays at the First Street Chapel Annex. The Rattles to Raspberries Playgroup for infants 8 weeks to 1 year meets 9:30 to 11 a.m. Thursdays at the First Street Chapel Annex. For more information, call 707-423-5168.

Family and Friends Combat Stress Peer Support Group. Meets from noon to 1 p.m. the first Tuesday of every month at the Balfour Beatty Community Center and from 1 to 2 p.m. the third Thursday of each month at The Peak. For more information, contact Amber Ouirate and Jessica Soto at 501-231-7756 or email travsopcombatptsd@gmail.com.

Government no-fee passports. All submissions of applications for government no-fee passports must now include: 1) A photocopy of Military Identification Card front and back: 2) Passport photo taken in the past six months; 3) Supporting document(s), proof of U.S. citizenship certified copy with state or county seal, if it involved a name change submit a court order or marriage certificate. Passport application cannot be handwritten and printed back to back and must be completed online with 2D barcode at website https://pptform. state.gov and/or https://travel.state.gov. For more information, call 707-424-5324.

Hometown News Releases To submit a Hometown News Release, visit https://jhns.release.dma.mil/public and fill out the information

LGBT Alliance. General membership meetings take place at 6 p.m. the first Wednesday of every month at the Airman and Family Readiness Center. For more information, email lgbtalliance707@gmail.com or call 707-424-2486.

Mare Island Museum. Free admission from Memorial Day to Labor for active and Reserve military, National Oceanic and Atmospheric Administration and dependents with ID cards. Open 10 a.m. to 2 p.m. Monday through Friday and 10 a.m. to 4 p.m. Saturdays. 1100 Railroad Ave in Valleio For more information, call 707-557-4646.

> Here are the showtimes for this weekend's movies at the Base Theater:

Mitchell Memorial Library. Open 9 a.m.

Montezuma Shrine Club. Meets every

third Thursday of the month at the Masonic

Center, 412 Travis Blvd., Fairfield. For more

2573 or Cal Gitsham at 707-425-0060.

information, call Mike Michaelis at 707-427-

MPF self-renewal program. Did you

know that dependents can now renew their ID

cards online? To participate in this program, visit

http://bit.ly/2mR1gl2. This program is limited

only for renewing dependents' IDs. For all other

On-base child care. The Air Force

60th Mission Support Group if they provide

more than 10 hours of care per week in their

homes. For more information, call 707-424-

8104 or 707-424-4596 or stop by Bldg. 380B.

tion. The prohibition of photocopying of U.S.

government identification Common Access

Card announced by the Office of the Assistant

Secretary of Defense, dated Oct. 27, 2011, does

not apply to medical establishments, applying

for government-issued, no-fee passport and

performance of official government business.

This requirement does not apply to minors ages

16 or younger. However, it applies to sponsors.

Professional Loadmaster Association.

The Professional Loadmaster Association meets

at 7 p.m. the first Tuesday of each month at the

Retiree Activities Office. Openings for

service members and their family members. It is

communication and to ensure retirees receive

the service and the respect they deserve. If you

would like to apply for a volunteer slot and have

three hours or more to give, call 707-424-3905.

Protection Office. All requests are done on

Thursdays and by appointment only. Schedule

an appointment by calling 707-424-3114 or by

emailing 60amw.ip@us.af.mil. Fingerprinting is

only for federal employment and for agencies

60th Air Mobility Wing Information

Delta Breeze Club. For more information, call

volunteers. Customers are retired American

the RAO's responsibility to maintain open

Mark Raymond at 707-416-5331.

For more information, call 707-424-5324.

other U.S. government agencies in the

Photocopying of military identifica-

requires on-base residents to be licensed by the

services, visit MPF during duty hours or

call 707-424-8483.

- 9 p.m. "The Spy Who Dumped Me" (R)

• 6:30 p.m. "Teen Titans

- Go! To the Movies" (PG)
 - Sunday

with a valid support agreement. For emergencies call 707-424-3114

Solano/Napa Habitat for Humanity. This organization welcomes volunteers and supporters from all backgrounds. There are recurring events Tuesday through Saturday. For more information, email Staff Sgt. Mathew Clayton at mathew.clayton@us.af.mil.

Travis Community Thrift Shop. 10 a.m. to 2 p.m. Tuesday and Thursday. Ongoing need for volunteers to organize, sort and price donations. For more information, contact the Thrift Shop at 707-437-2370.

Air Patrol. Open to youth from 12 to 18, as well as adults ages 18 or older who train and serve as the volunteer component of the total force. UTA is 6:30 to 9 p.m. Monday, Bldg. 241-B -2. Open to all students with a 2.0 or higher grade-point average. For more information, contact CAP 1st Lt. Jo Nash at 707-424-3996 or recruiting@squadron22-cap. us, visit during a UTA or check out http:// squadron22-cap.us.

looking to add to its historical collection. It is missing the past 15 years of conflict in which Travis was involved. Do you have something special to donate for generations to appreciate? The center also seeks volunteers. The gift shop is open 11 a.m. to 4 p.m. Tuesday through Saturday. For more information, call Rick Shea at 707-424-5598 or email richard.shea@us.af.

Travis Legal Office. Power of attorney and notaries are walk-ins 9 a.m. to 2 p.m. Monday, Tuesday, Wednesday and Friday, 9 a.m. to 1 p.m. Thursday. Legal assistance for active duty members and dependents are walk-ins from 2 to 3 p.m. Tuesday. For all wills and retiree legal assistance, call 707-424-325. to make an appointment.

Meets at 1 p.m. third Saturday of the month at Nut Tree Airport. For more information, call James Harris at 707-631-6361.

The following Travis employees are approved as leave recipients through the Voluntary Leave Transfer Program:

- Lakehurst, New Jersey.
- Squadron
- Jessica Pope, 349th Air Mobility Wing Tony Brown, Scott Air Force Base

James Van Nostrand.

 Anonymous employee, McConnell Air Force Base, Kansas

The VLTP allows an employee who has a medical emergency or is affected by a medical emergency of a family member and is without availability of paid leave to receive transferred annual leave directly from other employees. For more information, call 707-424-1720.

What's Cookin' Wednesday. Free lunch at the Travis AFB USO Bldg. 1348. Served from 11 a.m. to 1 p.m. every Wednedsay. For active duty Guard reservist and their families

Travis Composite Squadron 22 Civil

Travis Heritage Center. The facility is

Tuskegee Airman Lee A. Archer Chapter.

Wednesday through Sunday during Voluntary Leave Transfer Program. exhibitions, 991 Taylor St., Suite 114, Benicia. Free. 747-0130, www.artsbenicia.org. Benicia Plein Air Gallery. Iris Sabre, through Sept. 2, Judy Feins is September's

- Kelley D. Brown, Joint Base McGuire-Dixfeatured artist: open 11 a m to 5 p m Thursday through Sunday, 307 First St., Benicia. 495-2940, www.beniciapleinair.com. Erin Dunniway, 60th Operations Support
 - The Corner Store Gallery. Open 8 a.m. to 5 p.m. Monday through Friday, 10 a.m. to 3 p.m. Saturday, 320 Cernon St., Vacaville. 688-8889, www.thecornerstoregallery.com.

Local events

Art exhibits

Artiszen Cultural Arts Center. Open

11 a.m. to 5 p.m. Wednesday through Friday,

11 a.m. to 2 p.m. Saturday, 337 Georgia St.,

Wednesday through Saturday, 726 Texas St.,

Arts Benicia. "After Dark," Sept. 15

Vallejo. 649-8984, www.artiszen.org.

through Oct. 21: open noon to 5 p.m.

Fairfield, 439-3573.

ArtPhit. Open 10 a.m. to 6 p.m.

El Comalito Collective. Monique D. Lopez's "Specimens: Painting in Form." Sept. 1 through Sept. 29; open 10 a.m. to 3 p.m. Aug. 31, 9 a.m. to 3 p.m. Sept. 1, 10 a.m. to 3 p.m. Sept. 2, 302 Georgia St., Vallejo. www. elcomalitocollective com

Fairfield-Suisun Visual Arts Association Gallery. "Faces," Wednesday through Oct. 7; open 11 a.m. to 6 p.m. Wednesday through Sunday, Solano Town Center, 1350 Travis Blvd., Suite D8, Fairfield. 688-8889, www.fvaa-arts.org.

Gallery 621. Daniel Hunter, through

Sunday; open noon to 3 p.m. Thursday, noon to 6 p.m. Friday through Sunday, 309 First St. Benicia 297-6960 www.gallery621.com

Jen Tough Gallery. Erin McCluskey Wheeler, "Something Catches," through Thursday; open 1 to 6 p.m. Friday, 11 a.m. to 7 p.m. Saturday, 11 a.m. to 6 p.m. Sunday, 942 Tyler St., Benicia. www.jentough.gallery.

Lawler House Art Gallery. "Out of the Box." through Oct. 21: open noon to 4 p.m. Friday through Sunday, 718 Main St., Suisun City. www.lawlerhousegallery.org.

The Little Art Shop. Open 11 a.m. to 5 p.m. daily, 129 First St., Suites D & E, Benicia. 771-6667, www.thelittleartshop.com.

Mankas Artisans. Open noon to 3 p.m. Tuesday through Saturday, inside Powell's Antiques, 1371 Oliver Road, Fairfield.

Marilyn Citron O'Rourke Gallery. "The Physicality of Books," through Sept. 13;

open 10 a.m. to 9 p.m. Monday through Thursday, noon to 6 p.m. Friday through Sunday, 150 E. L St., Benicia. www. benicialibrary.org. Vacaville Art League Gallery. 40th

Juried Art Show, through Sept. 1; "Symbols, Signs and Structures," Sept. 15 through Oct.20; open noon to 4 p.m. Tuesday through Saturday, 718 E. Monte Vista Ave. Free. 448-8712, www.vacavilleartgallery.com.

Events

Benicia Art Walk. 2 to 7 p.m. second Saturday of September and October, downtown. www.artsbenicia.org/benicia-artwalk.

Benicia Farmers Market. 4 p.m. Thursdays, through October, First Street between B and D streets 745-9791

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Saturday

• 9 p.m. "The Equalizer 2" (R)

• 2 p.m. "Christopher Robin" (PG)

"NEWS NOTES" BRIEFS MUST BE SUBMITTED TO 60AMWPA@US.AF.MIL SEVEN DAYS BEFORE THE EVENT DATE. CALL THE 60TH AIR MOBILITY WING PUBLIC AFFAIRS OFFICE INTERNAL INFO SECTION AT 424-2011 FOR MORE INFORMATION.

AUGUST 31, 2018 TAILWIND 17

Medal

From Page 3

freefall, air traffic control, and combat control schools - Chapman is remembered as someone who could overcome any adversity.

"One remembers two types of students – the sharp ones and the really dull ones – and Chapman was in the sharp category," said Ron Childress, a former Combat Control School instructor. "During one of his first days at Combat Control School, I noticed a slight smirk on his face like (the training) was too simple for him ... and it was."

Following Combat Control School, Chapman served with the 1721st Combat Control Squadron at Pope Air Force Base, North Carolina, where he met Valerie in 1992. They had two daughters, who were the center of Chapman's world even when he was away from home – which was common in special operations.

"He would come home from a long trip and immediately have on his father hat - feeding, bathing, reading and getting his girls ready for bed." said Chief Master Sgt. Michael West, who served with Chapman through Combat Control School, a three-vear tour in Okinawa, Japan, and at Pope AFB. "They were his life and he was proud of them. To the Air Force he was a great hero... what I saw was a great father."

The Battle of Takur Ghar

In conjunction with Operation Anaconda in March 2002, small reconnaissance teams were tasked to establish observation posts in strategic locations in Afghanistan, and when able, direct U.S. airpower to destroy enemy targets. The mountain of Takur Ghar was an ideal spot for such an observation post, with excellent visibility to key locations.

For Chapman and his joint special operations teammates, the mission on the night of March 3 was to establish a reconnaissance position on Takur Ghar and report al-Oaida movement in the Sahi-Kowt area.

"This was a very high profile, no-fail job, and we picked John," said retired Air Force Col. Ken Rodriguez, Chapman's

commander at the time. "In a on a second MH-47, the envery high-caliber career field, trenched enemy forces immediwith the highest quality of men ately engaged the approaching even then – John stood out as our guy.'

During the initial insertion onto Afghanistan's Takur Ghar mountaintop on March 4, the MH-47 Chinook helicopter carrying Chapman and the joint special operations reconnaissance team was ambushed. A rocket-propelled grenade struck the helicopter and bullets ripped through the fuselage. The blast ripped through the left side of the Chinook. throwing Navy Petty Officer 1st Class Neil Roberts off the ramp of the helicopter onto the enemy-infested mountaintop below.

The severely damaged aircraft was unable to return for Roberts, and performed a controlled crash landing a few miles from the mountaintop. Thus began the chain of events that led to unparalleled acts of valor by numerous joint special operations forces, the deaths of

U.S. servicemen and now, 16 years later, the posthumous award of the Medal of Honor to Chapman

Alone, against the elements and separated from his team with enemy personnel closing in, Roberts was in desperate need of support. The remaining joint special operations team members, fully aware of his precarious situation, immerescue attempt that included returning to the top of Takur Ghar where they had just taken heavy enemy fire.

As the team returned to Roberts' last-known position, now tributed to this story.

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helicopter with heavy fire.

The helicopter, although heavily damaged, was able to successfully offload the remaining special operations team members and return to base. Chapman, upon exiting the helicopter, immediately charged uphill through the snow toward enemy positions while under heavy fire from three direc-

Once on the ground, the team assessed the situation and moved quickly to the high ground. The most prominent cover and concealment on the hilltop were a large rock and tree. As they approached the tree, Chapman received fire from two enemy personnel in a fortified position. He returned fire, charged the enemy position and took out the enemy combatants within

Almost immediately, the team encountered machine gun fire from another fortified enemy position only 12 meters away. Chapman deliberately moved into the open to engage the new enemy position. As he engaged the enemy, he was struck by a burst of gunfire and became critically injured.

Chapman regained his faculties and continued to fight despite his severe wounds. He sustained a violent engagement with multiple enemy fighters diately began planning a daring for over an hour before paying the ultimate sacrifice. Due to his remarkably heroic actions, Chapman is credited with saving the lives of his teammates.

Staff Sgt. Ryan Conroy con-

Help

From Page 6

inside of a C-17 Globemaster III. With the back open and an American flag silhouetted from the morning light that poured in, officer and Airman - mother and son - raised their right hands and recited the oath that every member of the armed forces has recited at least once before.

"This was the perfect opportunity to celebrate all the ways that the Air Force is a family," said

Maj. Andrew Mackenzie, 628th CS commander. "It is one thing to talk about how important our Airmen are, but these are the moments where we get the opportunity to prove it."

With both his mother and father serving in the military, Cody Rupp has been a part of the Air Force family his en- career." tire life. He had originally wanted to become a Marine, but decided that the Air Force was the better fit for him.

"He is my oldest of four and I always knew he would the entire Rupp family.

end up joining the military," said Karen Rupp. "When he started high school and enrolled in JROTC, I knew he was hooked. Soon after he graduated, he joined. I love watching him forge his own path and do good things in the Air Force."

Many circumstances and events had to align to make an event like this possible. Cody Rupp plans on pursuing his education and eventually commissioning like his mother did before him.

"It can be tough for young Airmen being away from family. I am fortunate enough to have had the opportunity to have the same duty station as my mother," said Cody Rupp. "We do a good job of not letting work get in the way of family time on the weekends, but I recently received orders and I am extremely excited to start the next chapter in my

Out of the 14,181 Airmen that made staff sergeant this year, Cody Rupp's accomplishment provided a unique opportunity and memory for





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Move

From Page 8

mission responsibilites to collectively enable AFCYBER operations in support of the the Air Force, joint force and nation: what cyber could bring to the fight.

According to Cole, aligning cyber and intelligence within ACC pays the greatest dividends to mission success.

"Because of the dynamic, ever-changing nature of the cyber domain, intelligence is always going to be a huge part of our operations," said Cole. "If you look at our Cyber Mission Force teams, they're split into about 60 percent cyber professionals and 40 percent intelligence professionals overall. On some teams, the ratio is flipped with 60 percent intelligence professionals and 40 percent cyber professionals. That's reflective of the fact we're dependent on our intelligence professionals."

working on a computer that's ing 24th AF under ACC, the operating system is in a for- NAF remains steadfast in its eign language, it helps to have role to conduct full-spectrum, (someone) sitting next to you global cyberspace operations.

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the screen. (Cyber) operators aren't trained in foreign languages; so they need that (person) with them."

The NAF currently employs 39 CMF teams that direct, synchronize and coordinate cyberspace operations in defense of the nation's interests, where intelligence team members fulfill specific roles.

The realignment also simplifies personnel actions to realign talent.

According to Cole, pre-realignment, if 24th AF or 25th AF wanted to reassign talent between the two NAFs, the NAF would have had to accomplish permanent change of station actions-just like if an Airman were moving to an installation from a different state. Now, Airmen must only perform permanent change of assignment actions to be reassigned to a unit within the Joint Base San Antonio area.

Whether it's halting an enemy, reassigning Airmen, or any number of the countless He continued, "If you're additional benefits of realign-

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will be presented by emergenincidents they responded to, including several auto acci-

is dangerous.

was lucky in that aspect."

ing his drive home from work

"A friend of mine was driv-

himself sandwiched between the car that hit him and the car in front of him. Two of the cars then flipped over and fell into an embankment. My friend died at the scene and now his son will have to grow up without a father."

Tech. Sgt. Davy Huffman. 60th SFS flight sergeant, hopes the Travis community attends the Street Smart presentation, learns the importance of safe driving and shares that knowledge with others.

"Any time you take the focus away from driving, even for a brief moment, you're taking a serious risk," he said. "Taking your eyes off the road to send a quick text message could be that moment when a child runs out in front of your can to attend the Street Smart presentation so they can not only enhance their own knowledge, but share that knowl-One former Airman mak- edge with others. Doing that will stress the importance of safe driving and likely save lives."

According to the 60th SFS, since 2017, Travis has had 121 accidents on its roadways and distracted driving.

For more information about the Street Smart presentation, visit the S.A.F.E website at car was traveling at excessive http://www.safeprogram.com/ speeds, that my friend found distracted-driving.html.

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"those meetings" are required, but always remember that we are all solely responsible for our attitude. Task management on the

other hand can be improved upon so prioritize your objec-Ensure you include your peroritized, complete the most critical tasks first and attempt to do so perfectly. The pursuit of perfection, such as excellence in all we do, will lessen re-accomplish tasks.

Once you have mastered your craft, continue to seek out other opportunities. Projecting a positive military image and being involved in our local community is paramount to being a well-rounded Airman, however do not "waste your time" and volunteer for the sake of volunteering, otherwise it will feel like a "long four hours." Instead, find something you love doing and get involved with initiatives you truly enjoy being a part of.

In closing, there is another appropriate phrase: "Time marches on." Just ask anyone who has watched their children grow in the blink of an eye or listen to a retiree as they reflect on their service and they will both tell you that although there were long days, the years flew by. This is made possible by being positive and finding joy in the things you do, including work. Unfortunately, we cannot "make time," but you absolutely can take it. So, as you prioritize, please remember to take time for you, your Airmen and your wingmen because, God willing, each of us will be afforded 86.400 seconds tomorrow, so make each one count.

Check out Travis AFB on **YOUTUBE.**com and smash that subscribe button at voutube.com/user /60thAMW

From Page 2

and rainbows, and yes, some of

tives and pursue your passions. sonal well-being and your families in that equation. Once prithe likelihood of you having to

command and control point. Pa-Once the patients' medical con-Strengthen ditions were assessed, DGMC adtients can then be distributed to several hospitals without overmitted 24 role-playing volunteers

fornia.

lance to NorthBay Medical Center

in Fairfield, California; VacaValley

Hospital, in Vacaville, California;

and Sutter Health in Valleio. Cali-

DGMC bussed its 24 role-players to

the former Mather AFB in Sacra-

mento. California, where they were

met by a patient reception team

from Dyess AFB, Texas, took off

from Travis headed to Mather car-

rying 20 mannequins, simulating

actual patients. The reception team

off loaded the mannequins and sent

the role-players to four NDMS hos-

as backup to military treatment fa-

cilities when both DOD and VA hos-

pitals are at capacity during a mil-

itary health emergency. More than

1,800 civilian hospitals across the

nation are voluntary members of

NDMS, providing approximately

100,000 hospital beds in support of

NDMS civilian hospitals serve

Meanwhile, a C-130 Hercules

composed of DGMC staff.

pitals in Sacramento.

NDMS operations.

On the fourth day of the exercise,

whelming any one facility.

"NDMS is about moving pa-

tients from a disaster area to a hos-

pital outside the disaster area that

can accommodate them," said An-

sist state and local authorities with

medical and health effects during

peacetime disasters - such as Hur-

ricane Katrina and the terrorist at-

tacks on 9-11 – and provide support

in caring for military casualties re-

ceived notice Aug. 20 that it would

be receiving casualties from an

overseas location. The notice could

have come from any combatant

commander in any area of responsi-

sualty and patient movement," she

rately track patients from the time

they land on a medical evacuation

flight at Travis to the minute they

are admitted to DGMC or trans-

ferred to an NDMS hospital, DGMC

bussed role-players from the base

To determine its ability to accu-

"This is what we do – mass ca-

For this exercise DGMC re-

to military and VA medical systems

turning to U.S. hospitals.

bility, said Beals.

NDMS's goal is two-fold: As-

From Page 6 and transported 10 others by ambu-

our operations," Saenz added.

The strength that each unit brings to the table is incredibly beneficial, said Fejarang. The fact that the active-duty crew chiefs will often rotate between flightline, back shops and various airframes brings an incredible breadth of experience to the team that allows the units to see the big pic-

TAILWIND 19

Another key factor to their success is that many of the 349th crew chiefs actually transitioned from the 60th AMXS to be reservists, bringing along their active-duty experience and knowledge.

There is a lot of mutual respect between the active and Reserve maintainers. The only difference between the two is the chain of command, aid the production superintendents.

Maintenance decisions are made between Fejarang and Saenz, who stay in constant communication with those on the flightline.

"Our guys don't care if it's a reservist or an active-duty Airman making those decisions because of that mutual respect," said Saenz.

Communication and lack of ego have been the keys to making this work, said Fejarang.

"Back in the day, active duty (Airmen) thought they were better than the reserve and the reserve thought they were better than (them)," he said. "But we squashed that a long time ago."

"Getting NDMS hospitals to par-They instill into the new members in their units ticipate in the exercise was huge," that they are here to work with each other - they said Beals. "We could not do this can't do their jobs without each other, Fejarang without their support."

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AUGUST 31, 2018

Anderson, 60th MDG FCC coordi-

"NDMS is a partnership be-

tween four federal agencies: the De-

partments of Health and Human

Services, Homeland Security, De-

fense and Veterans Affairs," said

Anderson. "HHS has overall re-

a coordinated medical response, pa-

tient movement and patient care

during a military health emergen-

cy, national emergency, domestic

disaster or when directed by the

in the Bay Area and 10 hospitals

were damaged, the patients would

need to be evacuated to an area not

in the disaster area," said Ander-

son. "You can imagine what kind

of chaos that would create because

there aren't enough hospitals in the

area to absorb all of those patients."

At that point, NDMS-designat-

ed hospitals around the country fill

When the system is activat-

ed, participating hospitals com-

"If a major earthquake occurred

Under NDMS, the DOD provides

sponsibility for NDMS."

Roles

From Page 5

President.

the gap.

Street Smart

From Page 8

cy medical technicians and firefighters from Florida who will share personal stories of

Dixon, who is a former member of Air Force Security Forces, said distracted driving

"I responded to an accident involving one distracted driver who fell asleep at the wheel," he said. "He hit one car and crashed into a garage causing serious damage to the house and the car that was in the garage. The car he was driving was totaled and he car. We want everyone who caused more than \$200,000 in damage. Thankfully, nobody got hurt in that accident, so he

wasn't so lucky.

ing home in Houston, Texas, when a distracted driver slammed into the back of his vehicle," said Tech. Sgt. Ken- 20 drivers have been cited for neth Morgan, 60th SFS flight sergeant. "The collision was so violent, because the guy who slammed into my friend's

AUGUST 31, 2018

20 TAILWIND August 31, 2018

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Youth	6:00 p
Choir	6:30
Bible Study10:00 am,1:30 pm, 3:30 p	m & 6:30 j
piore strata 10:00 am, 1:30 pm, 3:30 p	MI & 0.30

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thought about the cryo guys

and how badly I wanted to

go for one day and see. ...

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ery single day you're hold-

ygen and you can feel it

reer field.

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of LATTER DAY SAINTS

Fairfield Stake Center

2700 Camrose Ave.

Sacrament Services Sunday

0900 and 1300

Base Sacrament Services

DGMC Chapel

(1st Floor North entrance)

Sunday 1600-1630

Inquires: Call LDS Military

707-535-6979

THE FATHER'S HOUSE

Daisy

From Page 4

him."

surgical unit NCO in charge.

"We used to be on the same

shift so I got to see his work," she

said. "Chavez is phenomenal.

That's who he is and how he op-

erates all the time. That's what

makes it enjoyable to work with

Chavez tried to work around

his other responsibilities in the

unit so he could be there when

the patient had a spasm.

DIRECTORY

Sunday Morning Bible Study The Father's House 9:30 AM 4800 Horse Creek Drive **Sunday Morning Worship** 10:30 AM Vacaville, CA 95688 Sunday Evening Worship (707) 455-7790

6:00 PM www.tfh.org Wed. Evening Bible Study www.vacavillecofc.com Service Times

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Sunday Services Traditional with Choir 9:00 a.m. Praise Service with Band 10:30 a.m. unday School for children at both servic Youth Sunfay School at 10:30 a.m. Adult Christian Education (ACE) 10:20 a.m ursery care is availalbe during both Worship

Services. Interim Pastor Joanne Martindale Alyson Barrett, Youth Director Youth Group: High School Youth (9th-12th grade) meet from 6-7pm on Tuesdays Junior High Youth (6th-8th grade) meet from 5:30-6:45pm on Wednesdays

The Lord's Supper is Celebrated Every Week.

4177A Suisun Valley Rd. formation or schedule upd please call us at 863-0581

> or visit us on the web a www.rockvillepresbyterian.org

sionate. The medical center's patient advocate board selects the award winner.

er the most skillful and compas-

"He thanked me and told me medical technician they consid-

that I was the first person to sit

with him and help him that way."

said Chavez. "As much pain as I

felt when he was squeezing my

arm, I knew it was nothing com-

pared to the pain he was feeling."

care facilities across the nation

and in 17 countries participate

in the DAISY Award program,

but DGMC became the first Air

Force hospital in June to imple-

ment the international program.

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0

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TAILWIND 21

Honorees receive a certificate of appreciation, a pin and a handcarved sculpture from Africa called "A Healer's Touch." The DAISY Foundation also publishes an article about the winner on its website.

More information about the program is available at the medical center's information desks and peers nominate the nurse or at the north and south entrances.

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7:00 pm Contemplative Prayer **Come Home to Unity** It's Like Blue Jeans for the Soul

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Pastor Ron Swisher Worship Service 10:30 A.M. Sunday School for Children during the Worship Service

Communion is held the

1st Sunday of every month Adult and Bell Choirs Adult Bible and Book Studies

United Methodist Women Sunday Morning Bible Studies at 9:00 A.M.

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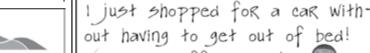
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26 TAILWIND PARTING SHOTS AUGUST 31, 2018 AUGUST 31, 2018 TAILWIND 27

1) Airmen from the 60th Medical **Group work to triage and treat** simulated patients at David Grant **USAF Medical Center during a Casualty Receiving Hospital exercise** Aug. 22 at Travis Air Force Base, **Calif. The exercise simulated bringing** in injured troops from overseas, triaging them at Travis, and then moving them to longer-term and advanced-care facilities. 2) Airmen from the 60th MXG work to triage and treat simulated patients during the exercise. 3) Air Force medical personnel load simulated patients on board a C-130J Super Hercules aircraft during the exercise Aug. 22 at Travis. 4) Airmen from the 60th MDG move a simulated patient during the exercise.

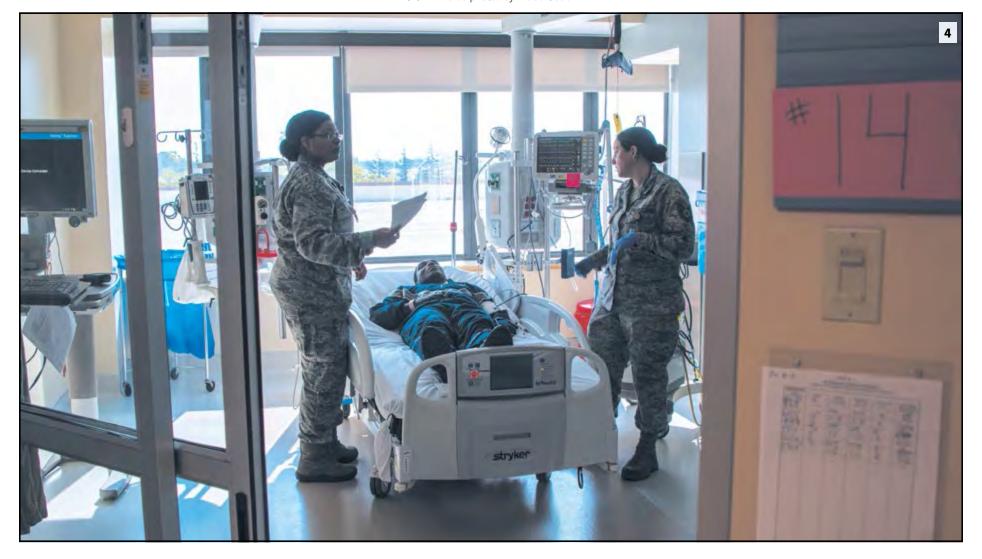






Exercise works to keep DGMC...

U.S. Air Force photos by Heide Couch





28 TAILWIND AUGUST 31, 2018



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